

Perki

THE PARAMEDIC PENGUIN



An Educational EMS Activity Book
Brought to you by Upper Perkiomen Valley Ambulance

About the Author



Perki was born in West Antarctica, near the large island of Alexander. He grew up with his parents, Snowfluff and Fish-Fish, and played with thousands of penguin friends in the never-ending Antarctic winter. His favorite food is krill, especially when it is seasoned with peppered kelp, although that is very hard to find in Antarctica. While there, he attended Penguin Paramedic School and learned about helping others.



Perki always wanted to travel and see the human world. When research vessels sailed nearby, he would swim circles around them and wave at the humans who took photos of him. One day, a ship dropped anchor near him, and humans came ashore in little inflatable boats. Perki waddled up to one of them, and they became friends. The human worked at an ambulance station in Pennsburg, Pennsylvania, and offered Perki a job. Perki quickly accepted, and sailed to America where he now works at the Upper Perkiomen Valley Ambulance as a penguin paramedic.





Hi there!

I'm Perki, the paramedic penguin!

I grew up in Antarctica, but I now live in your neighborhood and work for the Upper Perkiomen Valley Ambulance.

I help the nice humans at the ambulance treat people who are sick and injured.

Follow me and I'll show you what we do, and we can complete some fun activities!

How To Call For Help

Do you know what to do if someone needs medical help? It's easy!

Grab a phone and dial **9 1 1**

Then...

- Stay calm and speak clearly
- Know your location or be able to describe it
- Give your name and phone number
- Answer their questions
- Don't hang up until help arrives



**Before my shift, I always check the ambulance.
And look! Someone left this ambulance a mess!
Can you help me find everything?**



- Rolled bandages
- Gloves
- Epi-Pen
- SAM splint
- Rolls of tape
- Stethoscope
- Blood pressure cuff
- Syringe

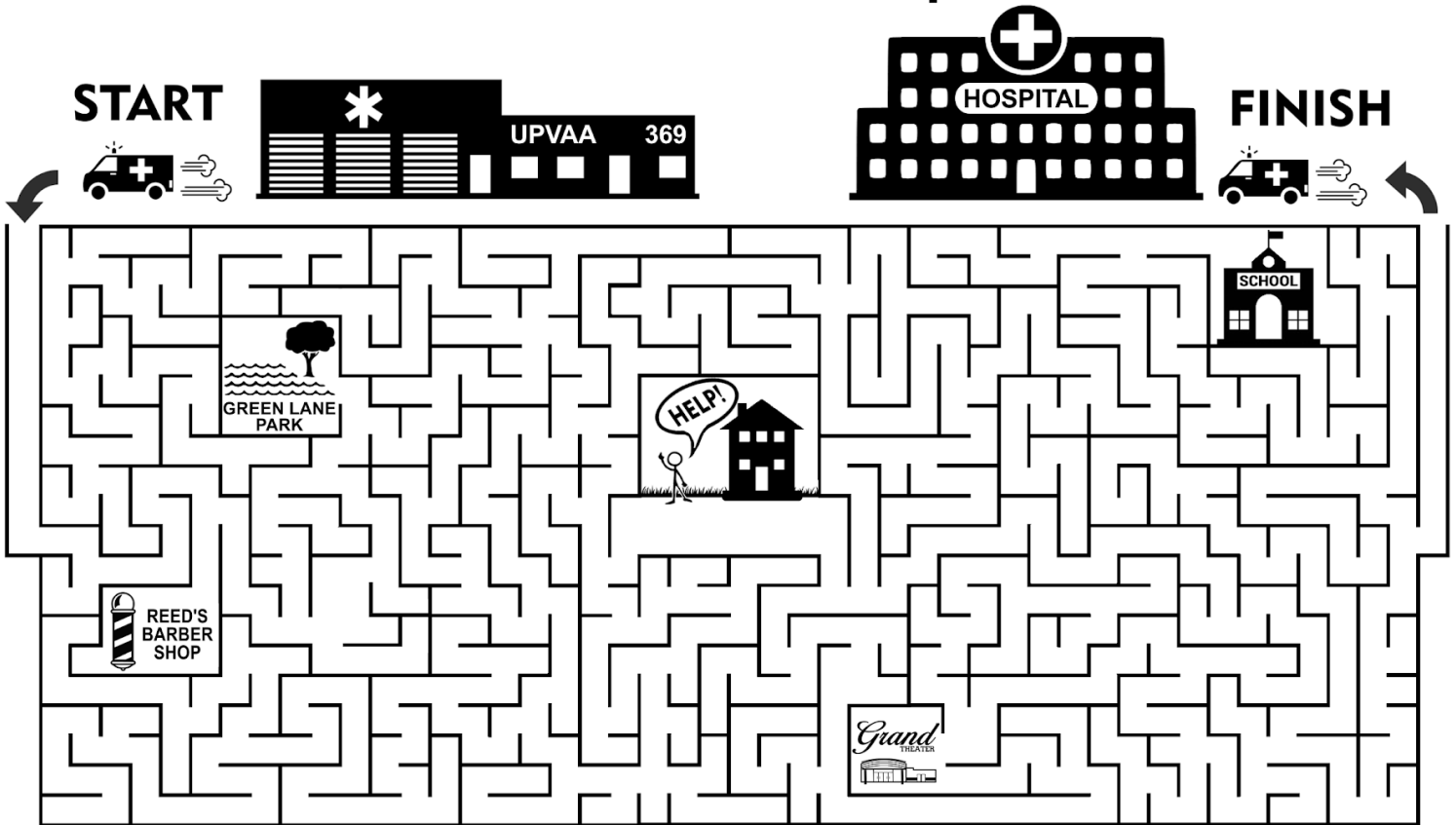
- Backboard
- Medical bag
- IV fluid bag
- Cardiac monitor
- EMS/Fire helmet
- Fire extinguisher
- Oxygen cylinder
- Shears / Scissors

- Radio
- Stretcher
- CPR mask
- Ice packs
- Bag valve mask



**Also, can you find 4 things that
DO NOT belong in an ambulance?**

Help us get from the station to the emergency,
and then to the hospital!



Can you draw lines to match the words together?

Splint

Allergic reaction

Inhaler

Vomiting

Bandage

Too cold / Hypothermia

Emesis bag

Burn

EpiPen Jr.

Broken bone

Cool water

Bleeding

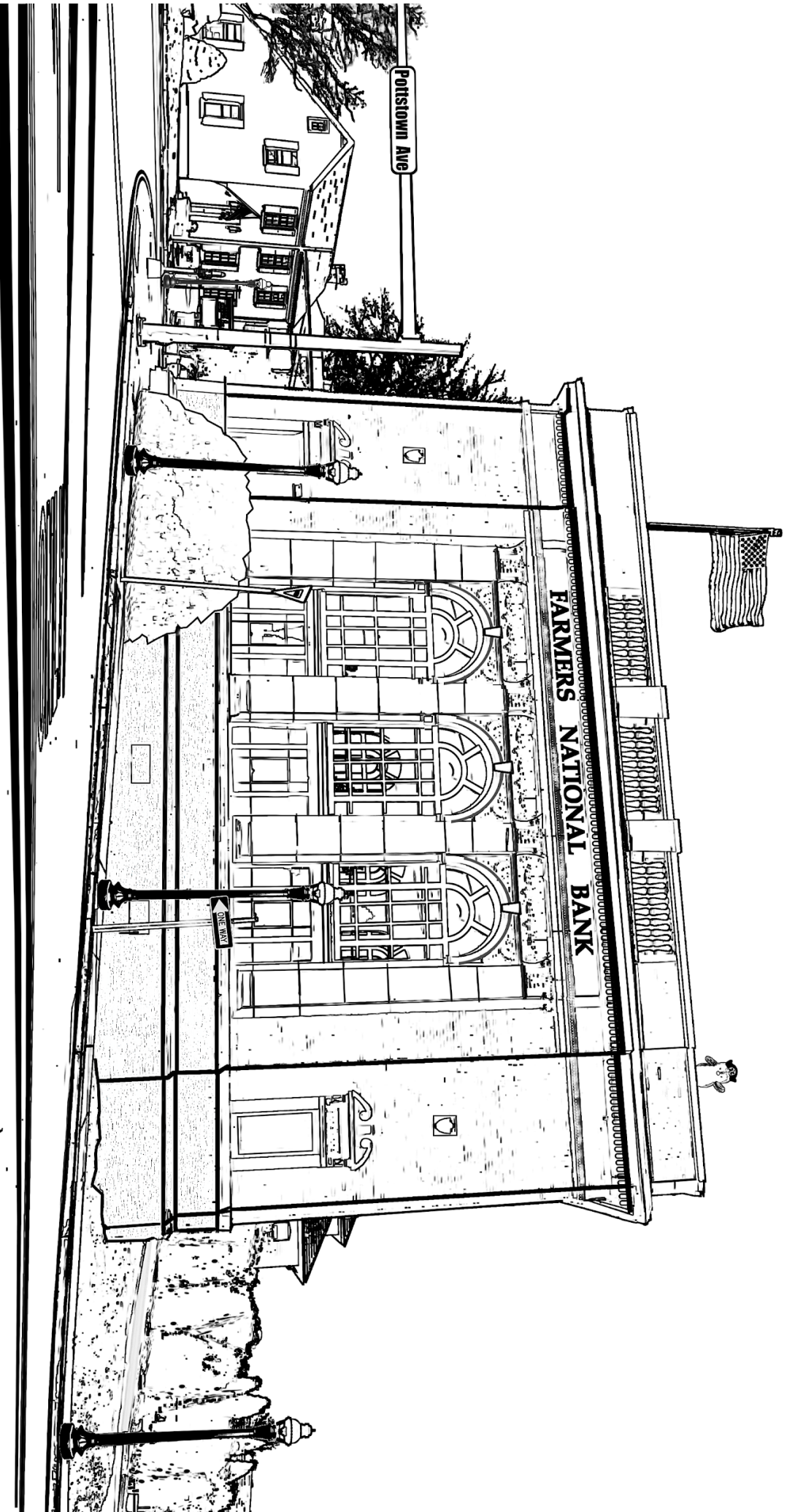
Blankets

Breathing problem

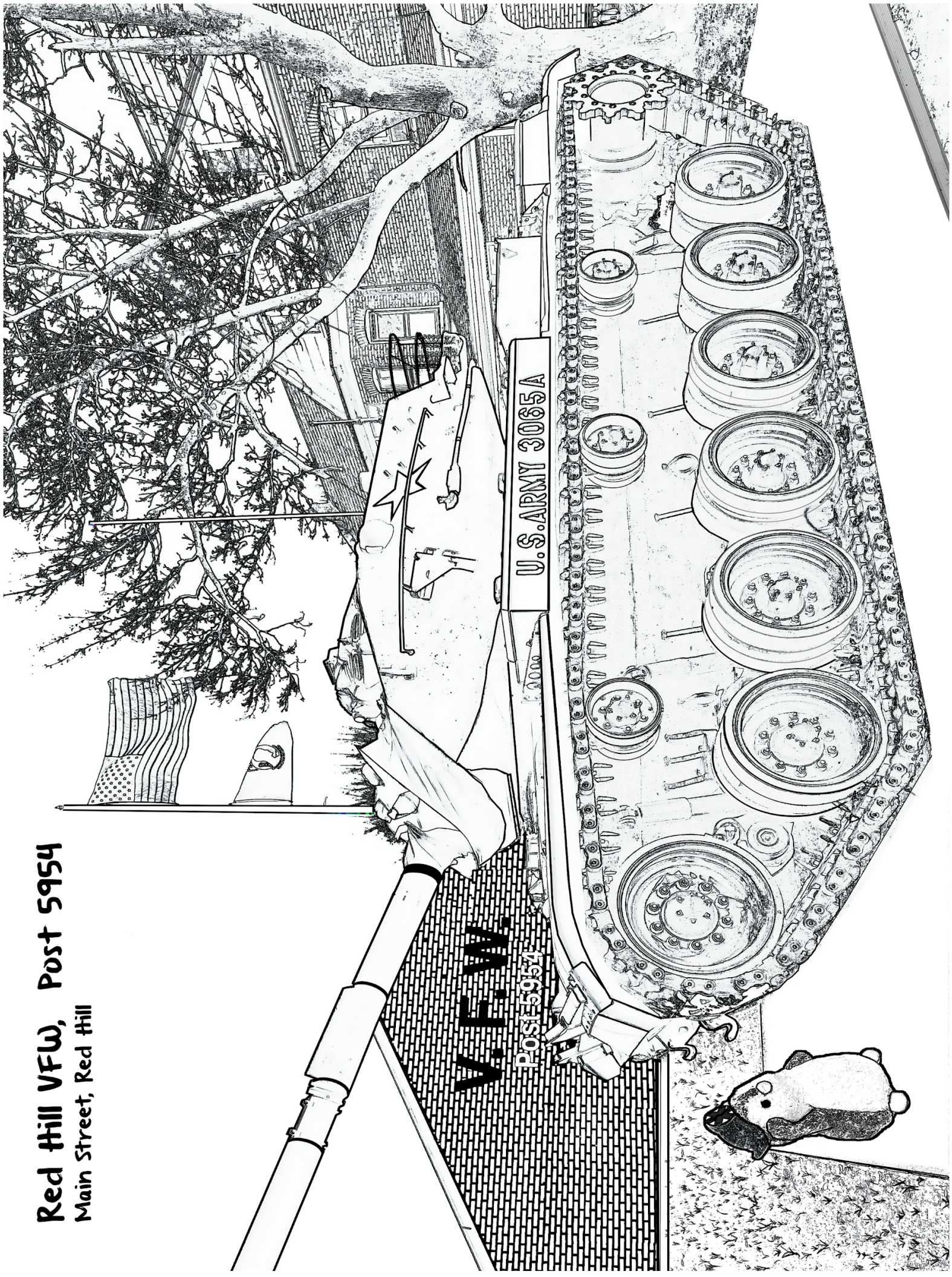


Farmer's National Bank

Main and Pottstown Ave, Pennsburg



Red Hill VFW, Post 5954
Main Street, Red Hill



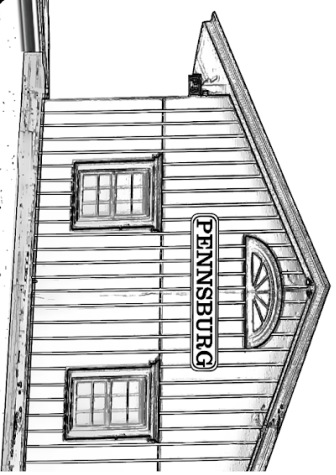
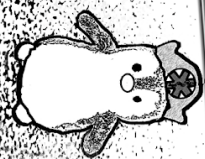
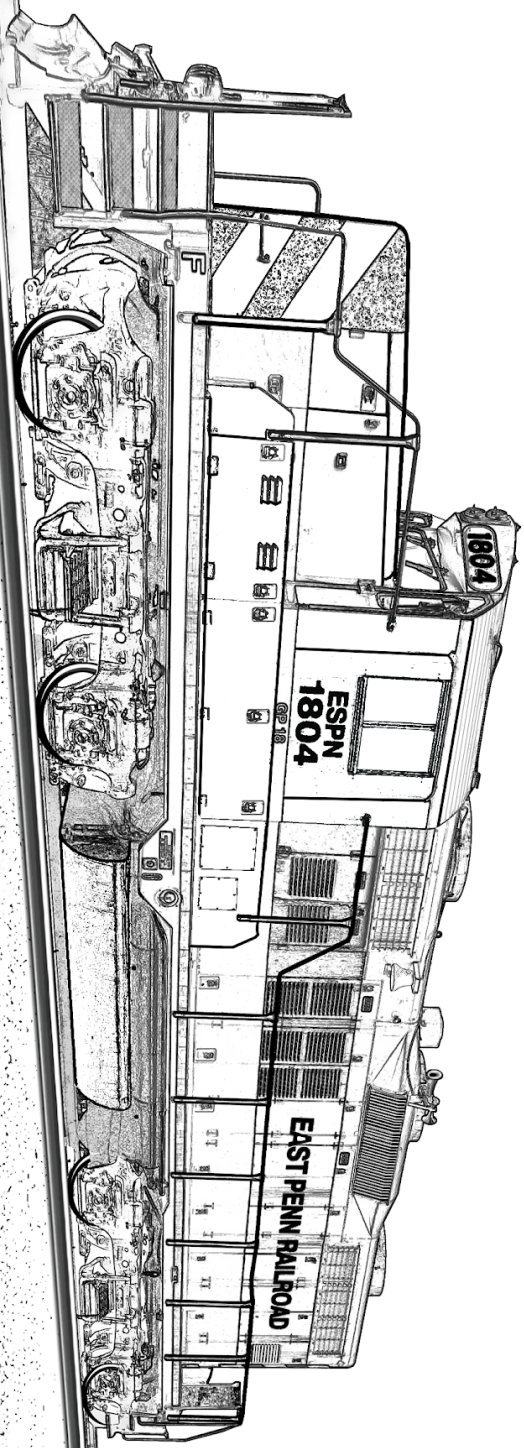
U.S. ARMY 3065A

VFW

Post 5954

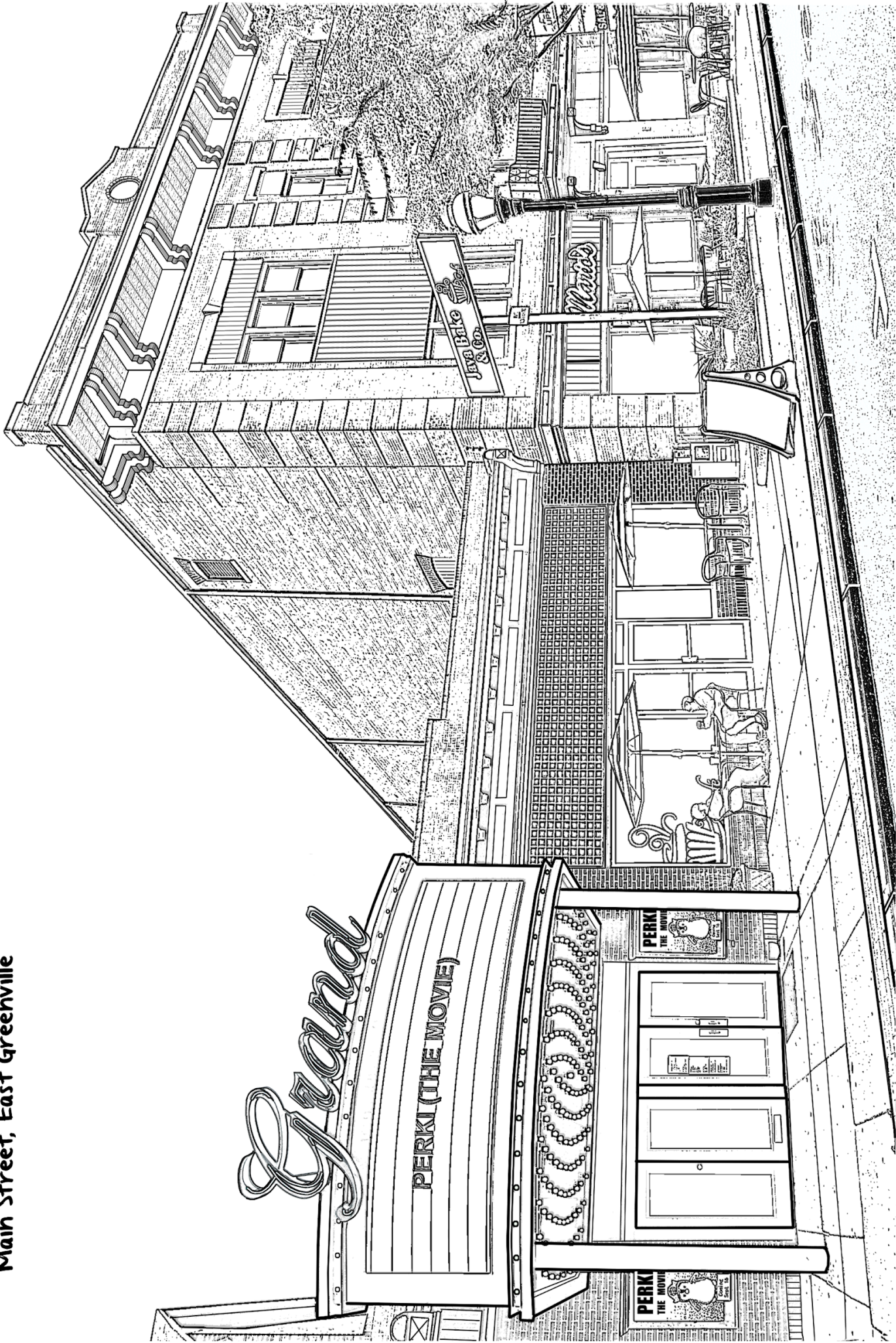
Pennsburg Train Station

Pottstown Ave, Pennsburg



The Grand Theater

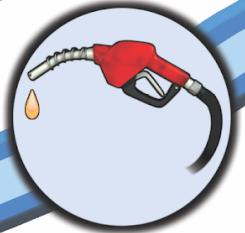
Main Street, East Greenville



FINISH



BRIDGE OUT!
FALL BACK 2



NEED FUEL
FALL BACK 1



USE LIGHTS
AND SIRENS
JUMP AHEAD 1



EMERGENCY
ROOM HAS FREE
BIRTHDAY CAKE!!
JUMP AHEAD 2



FIREFIGHTER
DRIVES AMBULANCE
JUMP AHEAD 3



USE LIGHTS
AND SIRENS
JUMP AHEAD 1



BRIDGE OUT!
FALL BACK 2



CAUTION! SNOW!
FALL BACK 1

START



Perki's Path

Help Perki through a day at work!

Requirements: A coin and one small item per player to use as game pieces.

Instructions: Place all game pieces on **START**. Each player then flips the coin. If **HEADS** move game piece forward three spaces, if **TAILS** move forward one space.

If you land on a unique space, jump forwards or backwards as instructed.

The first player to reach **FINISH** wins!



FLY PATIENT
TO HOSPITAL
JUMP AHEAD 1



SPILL COFFEE
ON UNIFORM
FALL BACK 1



KIND STRANGER
PAYS FOR LUNCH
JUMP AHEAD 3



FLAT TIRE!
FALL BACK 1



TRAFFIC WON'T MOVE
FALL BACK 1



USE LIGHTS
AND SIRENS
JUMP AHEAD 1



GET COFFEE!
JUMP AHEAD 2



FIND PERKI!

Perki is playing Hide & Seek
in an Antarctic snow storm.

Can you help his parents find him?



**Help me
decorate
the new
ambulance!**



B N L U H W C X Y N A X D P A R A M E D I C
 U K L Y Y A O G L O V E S S W Q M W M W E M
 W G I O O X L G R E E V E S G O Q V V V W S
 F Q Z E M T L C J S H F S A D R L P O D S T
 I P X K D O A F E A S T G R E E N V I L L E
 R D O C T O R B A N D A G E F D N B T C L T
 E V D I S P A T C H E R R I I H P A B N H H
 F S T R E T C H E R L J U P B I V C E Q O O
 I N O X Y G E N P P K Q B O R L S K D K S S
 G P E N N S B U R G T R L L I L M B Y S P C
 H Q S U H C J O Q Q T T A I L M V O Z S I O
 T B D Z Q J J G T Y N H N C L E O A U H T P
 E X V A L K E B V N P E K E A P L R C E A E
 R N S T A I R C H A I R E T T E S D Q A L L
 F I R E H O U S E D H M T R O G S J Y R H B
 R A D I O F A F L H X O K X R D Z F M S W C
 H Y Q E L Z G A S M N M E P E N G U I N X O
 I K I U X T X Y L X Q E G T I W G K X U K D
 A M B U L A N C E L A T S A M L F N Q R N C
 G P X X R T X D E V K E X K Q J Z B G S S D
 H E L I C O P T E R L R S P L I N T T E Y I

EQUIPMENT

PLACES & PEOPLE

AMBULANCE
 HELICOPTER
 REEVES
 RADIO
 STAIRCHAIR
 COLLAR
 OXYGEN
 BLANKET
 SHEARS
 GLOVES
 BANDAGE
 BACKBOARD
 SPLINT
 STRETCHER
 DEFIBRILLATOR
 THERMOMETER
 STETHOSCOPE

RED HILL
 PENNSBURG
 EAST GREENVILLE
 HOSPITAL
 FIREHOUSE
 DOCTOR
 NURSE
 PARAMEDIC
 EMT
 DISPATCHER
 PENGUIN
 FIREFIGHTER
 POLICE



WORD SEARCH!

Help me find all the words!

EMERGENCIES

HEART ATTACK
 STROKE
 FALL
 TRAUMA
 ACCIDENT
 SICK
 FEVER
 POISONING
 FAINTING
 ALLERGIES
 BURNS
 PAIN
 SEIZURE
 ARRHYTHMIA
 UNCONSCIOUS

ANATOMY

FOOT
 HAND
 LEG
 ARM
 BRAIN
 SPINE
 HEART
 LUNGS
 STOMACH
 SKIN
 BONES
 ABDOMEN
 ELBOW
 KNEE
 ANKLE

A R M Z B J U M S K I N E A O T D C A N L P
 O M B O N E S F X U K Q J J E O H G D E L A
 O K Y Y H D J D F D I K R S T R O K E T E I
 J L X S O Q S M E O U V Q U S B X L F F G N
 L F T E T R A U M A S T O M A C H I X S K G
 H E A R T A T T A C K J H U O E O T O K F B
 W V O H A A N K L E V M P O I S O N I N G A
 H E J N B U R N S S S N C Z Z D D Y C Y H S C
 L R C S D F Q F Q J Y M W K O K I T A Q I C
 D B G V O A C R A K X A M V M S P I N E C I
 Z Z M K M L Q V Y D Y H X N J S E V U I Y D
 U Z J K E L V X S Y B S H X D C H C N W X E
 N L D T N M F A I N T I N G F X B Z C Y B N
 A F O O T L O K F Q P E H O V K Z G O S Z T
 M Y B U I G P Q B R A I N C V H X S N T D G
 S H E H E A R T A Z A L L E R G I E S L U P
 I S A R R H Y T H M I A M M G V B I C K U P
 Y G L U N G S Q I T X B J H P U B Z I P S D
 V Z Y H T D X K P T J E G N M Q R U O T I Q
 Q V P X E L B O W R L K A D K S H R U I C E
 N C I U C M P H A N D K N E E W G E S O K E

Can you spot the differences?

There are at least 25 differences between these two pictures.

Also, I lost my dinner. Can you find that too?



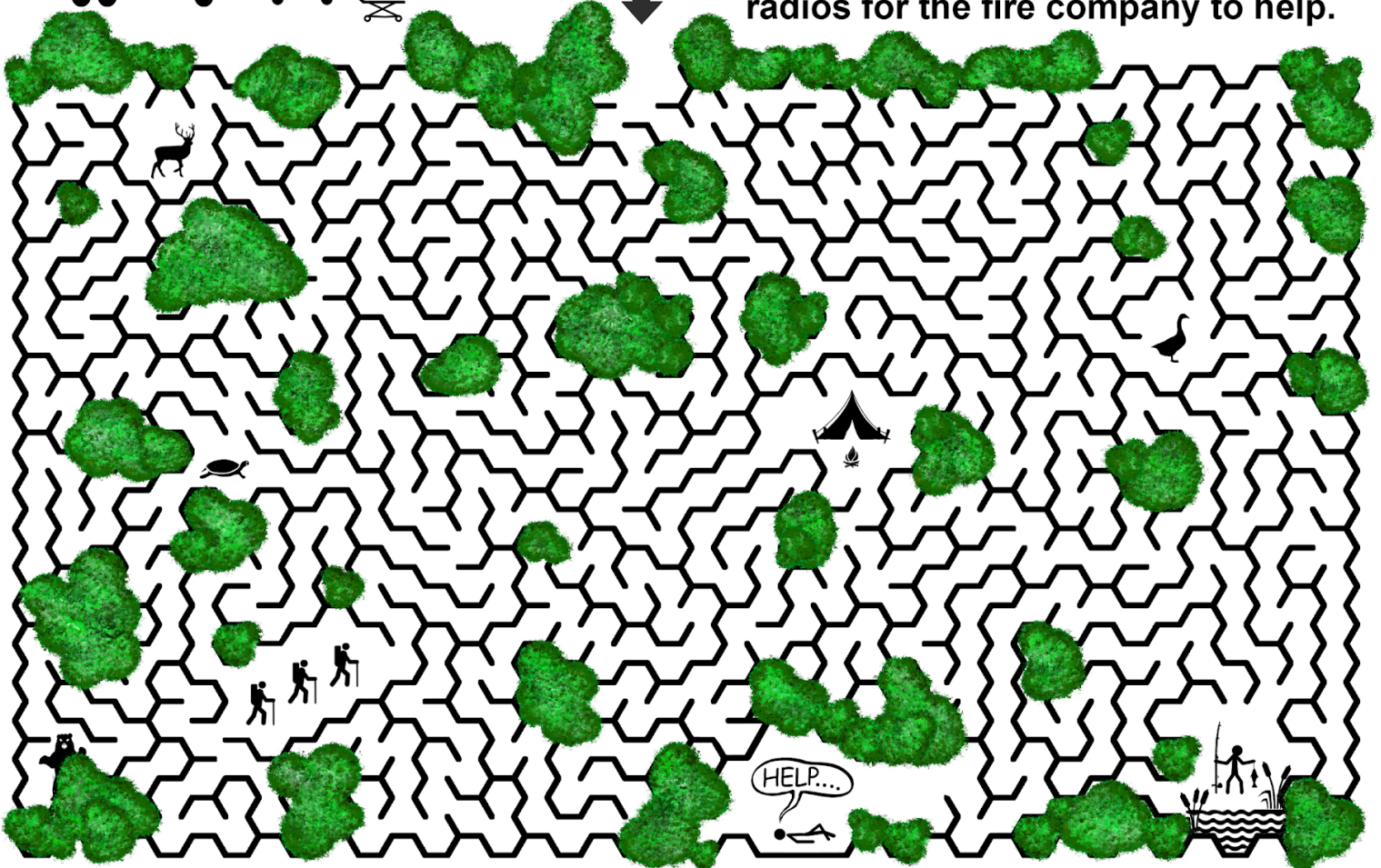
FIND THE HIKER

Perki is dispatched to Green Lane Park to find an injured hiker who is lost in the woods.



START →

Because the search area is big, Perki radios for the fire company to help.



Perki and his ambulance partners can always count on their firefighter friends to help them when needed! These volunteer firefighters help our community when we need it the most, as fires, rescues, weather events and medical emergencies could happen at any time. But our fire departments all desperately need new volunteers. *What happens if you call for help but no one comes?*

No experience is necessary and the fire departments will provide all the training and gear. And you do not have to fight fires to volunteer, as they need drivers for the trucks, fundraising help, and people to direct traffic! It's a great way to pay it forward, meet new people, and help your neighborhood.

Do you know someone who might be interested in being a firefighter? Firefighters come from all walks of life: high school students, retirees, lawyers, pastors, truckers, electricians, farmers, landscapers, etc. They'll fit right in! Show them these websites for our local fire departments:

East Greenville --- egfd38.com
Pennsburg --- pennsburgfire65.com
Red Hill --- redhillfireco.com

Milford Twp. --- mftd5775.com
Hereford --- herefordfireco.com
Lower Milford --- lowermilfordfire.org
Green Lane --- greenlanefirerescue.org

Mad Libs!

Find a few friends and get one person to read out what kind of words they need, then fill in the blanks. Next read the story with its new words and try not to laugh too hard!

Nouns are persons, places, or things (Example: boy, river, box)

Verbs are actions (Example: run, inflate, drive)

Adjectives describe or modify nouns (Example: loud, small, green)

Adverbs describe or modify verbs (Example: quickly, extremely, brightly)

Perki sat at the ambulance station playing a _____, when suddenly, the
ADJECTIVE MUSICAL INSTRUMENT
emergency alarm rang _____. Someone called 9-1-1! Perki's little feet pattered down the hall
ADVERB
and Perki _____ to the ambulance. The radio dispatcher reported a _____ man
VERB ADJECTIVE
ate _____ and now felt sick. Perki and his partner raced to the scene and
NUMBER TYPE OF FOOD
met the sick man, who was sitting on a _____. Just as Perki does on every call, he took a
NOUN
_____ stethoscope from the medical bag and listened to the man's heart, which oddly
ADJECTIVE
sounded just like the song, _____. Perki also asked for the patient's
NAME OF A SONG
medical history and allergies, and the man said he was allergic to _____. Perki then
ANIMAL (PLURAL)
transported the man to the hospital where the doctors made him feel all better.



Perki's ambulance was dispatched to a traffic accident! A truck carrying _____ slid
OBJECTS (PLURAL)
_____ on a patch of ice and _____ a car! Perki arrived on scene and
ADVERB VERB
_____ from the ambulance. One person was hurt, but because they were wearing
VERB
their seatbelt, they only had a small cut to their _____. However, their damaged
PART OF THE BODY
car door would not open so Perki radioed for the fire department to respond. Firefighters used a
_____ to cut open the car to rescue the patient. After helping the patient onto the
OBJECT
stretcher, Perki _____ inspected the patient to make sure there were no other injuries.
ADVERB
Perki then covered the cut with a _____ bandage and they transported the patient to
ADJECTIVE
the hospital for a checkup.



About Us

Upper Perkiomen Valley Ambulance Association (also known as Medic 369) is a 501(c)(3) not-for-profit organization which has been making emergency house calls since 1946. We provide Advanced Life Support coverage 24 hours a day, every day, with a fleet of three modern ambulances and a special service unit to a population of 18,000 distributed over 25 square miles in Montgomery and Lehigh Counties.

Annual memberships are available! Check our website for details.

Need to reach us?

Website: www.UpperPerkAmbulance.org

Address: 2199 East Buck Road
Pennsburg, PA 18073

Numbers: Phone: (215) 679-5989 *(NON-EMERGENCIES ONLY!)*
Fax: (215) 679-3295
Billing questions: Code 3 Billing at (610) 705-3979